

Camp Vail & Extreme Camp Vail

ALL PAPERWORK MUST BE SUBMITTED PRIOR TO ATTENDING CAMP. CHILDREN MAY NOT ATTEND CAMP IF PAPERWORK IS NOT ON FILE BY FIRST DAY OF ATTENDANCE.

What to Bring to Camp:

Please label ALL belongings with your child's first AND last name.

- Any missing paperwork (registration form, immunization records, allergy/medication forms)
 - o email to jmiller@vailrec.com or turn in to front desk at first day of camp
- Backpack to carry everything
- Healthy lunch
- Morning snack item
- Water bottle
- Hat
- Sunglasses
- Jacket
- Rain Gear
- Dress your child in comfortable sturdy shoes for outdoor play
- Apply sunscreen every morning before drop-off.
- Children will NOT have any need for spending money; please do NOT send any money with children.
- See specific activity requirements on the camp schedule.

IF your child has a SEVERE ALLERGY or takes MEDICATIONS (includes epi-pens & inhalers):

- ALL medications MUST BE in their original packaging and HAVE a prescription label on it.
- Check the expiration date to be sure it hasn't expired.
- Complete the attached forms in your original confirmation email.
- Have your physician sign them.
- Turn in ASAP to jmiller@vailrec.com
- During drop-off at camp in the morning, please give the medication(s) and paperwork to staff at the front desk to be properly recorded and checked into camp.