

2022 Dynafit MeadowGold 10K 5K*presented by the Town of Minturn***Results****10K Results****Male 19 & Under**

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1709	Mason Cruz-Abrams	Vail	CO	10K	M	17	1:00:32
2	1760	Andrew Lombardi	Eagle	CO	10K	M	15	1:02:09
3	1749	Owen Cruz-Abrams	Vail	CO	10K	M	13	1:14:29

Female 20-29

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1799	Cara Dunkelman	Edwards	CO	10K	F	28	1:05:52
2	1727	Molly Czachor	Avon	CO	10K	F	22	1:14:47
3	1502	Ingrid Mongenas	Eagle	CO	10K	F	27	1:17:39
4	1519	Sarah Thornton	Avon	CO	10K	F	29	1:21:50
5	1770	Kaili Morgan	Boulder	CO	10K	F	29	1:22:04
6	1764	Olivia Cook	Avon	CO	10K	F	26	1:23:50
7	1731	Delaney McLoone	Saint Paul	MN	10K	F	23	1:29:38
8	1820	Chloe Barton	Eagle	CO	10K	F	29	1:33:00
9	1800	Jordan Whittle	Frisco	TX	10K	F	25	1:47:32
10	1784	Cara Romanose			10K	F	25	1:47:32

Male 20-29

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1496	Jason Macaluso	Vail	CO	10K	M	21	0:49:43
2	1791	Max Gifford	St. Paul	MN	10K	M	21	0:53:53
3	1818	Adam Bradshaw	Vail	CO	10K	M	23	0:54:48
4	1513	Calvin Seneker	Avon	CO	10K	M	23	0:58:25
5	1756	Dennis Gray	Boulder	CO	10K	M	28	1:03:18
6	1753	Matt Dixon	Denver	CO	10K	M	27	1:04:34
7	1483	Jackson Goodreau	Vail	CO	10K	M	27	1:04:59
8	1738	Shay Hannigan-Luther	Vail	CO	10K	M	25	1:07:14
9	1786	Mauricio Valverde	Lakewood	CO	10K	M	27	1:16:51
10	1816	Austin Carcia	Avon	CO	10K	M	23	1:17:46
11	1754	Dan Mabry	Avon	CO	10K	M	29	1:22:44
12	1762	Cameron Braaten	Littleton	CO	10K	M	23	1:32:48

Female 30-39

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1827	Sarah Hocht	VAIL	CO	10K	F	35	0:57:27
2	1785	Lenka Sterling	Edwards	CO	10K	F	38	1:00:53
3	1766	Chase Rogowski	Vail	CO	10K	F	32	1:03:35
4	1461	Lindsey Anderson	Edwards	CO	10K	F	35	1:21:56
5	1473	Katie Davies	Eagle	CO	10K	F	39	1:25:04
6	1757	Megan Ehlers	Wellington	CO	10K	F	30	1:25:18
7	1719	Kelci Olson	Denver	CO	10K	F	35	1:26:07
8	1714	Camille Messer	Minturn	CO	10K	F	30	1:27:12
9	1830	Darcy Beck	Eagle	CO	10K	F	37	1:29:35
10	1720	Jessmine Anderson	Denver	CO	10K	F	31	1:41:03
11	1831	Cara Sandels	Tigard	OR	10K	F	30	1:45:44

2022 Dynafit MeadowGold 10K 5K*presented by the Town of Minturn***Results****Male 30-39**

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1790	Joshua Smith	Vail	CO	10K	M	36	0:49:03
2	1782	Caleb Harris-Baker	Paonia	CO	10K	M	31	1:03:31
3	1817	Jarrod Brown	Avon	CO	10K	M	30	1:10:28
4	1773	Blake Anneberg	Vail	CO	10K	M	37	1:14:35
5	1718	Brian Armstrong	Avon	CO	10K	M	39	1:15:08
6	1462	Koehler Baker	Edwards	CO	10K	M	30	1:16:14
7	1739	Austino Longo	Superior	CO	10K	M	30	1:18:11
8	1802	Matt Holmes	Avon	CO	10K	M	35	1:20:19
9	1758	Tyler Alvarado	Wellington	CO	10K	M	30	1:26:01
10	1721	Jonathan Howard	St. Louis	MO	10K	M	31	1:26:29

Female 40-49

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1488	Erin Hood	Eagle	CO	10K	F	42	1:06:24
2	1748	Kristy Falcon	Salida	CO	10K	F	44	1:08:21
3	1763	Liliana Rush	Vail	CO	10K	F	44	1:12:26
4	1767	Melissa Marotto	Vail	CO	10K	F	40	1:14:34
5	1735	Beth Ryan	Edwards	CO	10K	F	48	1:25:46
6	1769	Amy OConnor	Colorado S	CO	10K	F	41	1:29:27
7	1715	Becky Gray	Eagle	CO	10K	F	44	1:30:23
8	1484	Marcette Gordon	Gypsum	CO	10K	F	47	1:31:33
9	1832	Hilary Cruz-Abrams	Vail	CO	10K	F	47	1:33:32
10	1751	Anne Walters	Avon	CO	10K	F	42	1:33:38
11	1729	Elizabeth Luciano	Edwards	CO	10K	F	45	1:36:23
12	1788	Allison Lowrie	Denver	CO	10K	F	44	1:47:17

Male 40-49

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1789	Dan Weiland	Edwards	CO	10K	M	47	0:53:19
2	1795	Brad Zoller	Avon	CO	10K	M	45	0:56:58
3	1778	Kevin Haas	Avon	CO	10K	M	40	0:59:16
4	1463	paul Bennett	Edwards	CO	10K	M	45	1:01:26
5	1809	Richard Sletvold	Vail	CO	10K	M	46	1:25:47
6	1780	Andrew Parker	Vail	CO	10K	M	41	1:29:04

Female 50-59

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1723	Judy Grotke	Evergreen	CO	10K	F	55	1:18:15
2	1755	Kathy Aalto	Eagle	CO	10K	F	54	1:19:01
3	1725	Charlotte Shollenberg	Avon	CO	10K	F	58	1:24:17
4	1740	Nataly Handlos	Louisville	CO	10K	F	55	1:25:17
5	1797	Sarah Olazabal	Vail	CO	10K	F	59	1:32:08
6	1722	Heather Locke	Longmont	CO	10K	F	52	1:32:24
7	1781	Heather Parker	Vail	CO	10K	F	50	1:34:44
8	1804	Kristen Adams	Englewooc	CO	10K	F	53	1:37:09

2022 Dynafit MeadowGold 10K 5K*presented by the Town of Minturn***Results****Male 50-59**

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1490	Matt Johnson	Eagle	CO	10K	M	54	1:02:52
2	1464	Kurt Besch	Vail	CO	10K	M	56	1:17:49
3	1477	Timothy Diana	Fort Collins	CO	10K	M	54	1:21:24
4	1482	Leo Flynn	Vail	CO	10K	M	50	1:38:43

Female 60-69

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1745	Heidi Vosbeck	Glenwood	CO	10K	F	61	1:12:32
2	1765	Sue Bardsley	Eagle	CO	10K	F	61	1:24:51
3	1750	Jeanne Blatter	Silt	CO	10K	F	65	1:39:11
4	1768	jane braaten	Littleton	CO	10K	F	60	1:56:46

Male 60-69

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1497	Paul Macaluso	Vail	CO	10K	M	61	1:03:58
2	1826	tom mcgonagle	Edwards	CO	10K	M	63	1:13:21
3	1796	Sergio Armella	Vail	CO	10K	M	62	1:17:17
4	1741	Zachary Bergen	Louisville	CO	10K	M	62	1:25:20

Female 70+

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1777	Jo May	Houston	TX	10K	F	74	1:53:36
2	1834	B J Smith	Eagle	CO	10K	F	79	2:15:07

Male 70+

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1776	Doug Beagle	Houston	TX	10K	M	72	1:55:13
2	1515	Marlin Smickley	Edwards	CO	10K	M	84	2:17:07

5K Results**Female Juniors**

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1793	Georgia Robinson	Edwards	CO	5K	F	9	0:27:27
2	1761	Katie Lombardi	Eagle	CO	5K	F	13	0:27:46

Male Juniors

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1509	Henry Reynolds	Edwards	CO	5K	M	15	0:22:30
2	1472	Ethan Current	Eagle	CO	5K	M	11	0:26:31
3	1794	Graham Robinson	Edwards	CO	5K	M	12	0:26:44
4	1507	Kendall Noble	EDWARDS	CO	5K	M	19	0:36:10

2022 Dynafit MeadowGold 10K 5K*presented by the Town of Minturn***Results****Female Open**

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1522	Michelle Williamson	Avon	CO	5K	F	33	0:28:43
2	1743	Tania Loera	Avon	CO	5K	F	29	0:29:48
3	1819	Annabel Geissbuhler	Edwards	CO	5K	F	22	0:30:56
4	1516	Jennifer Steeves	Red Cliff	CO	5K	F	31	0:31:21
5	1771	Mindy Stockman	Gypsum	CO	5K	F	36	0:33:39
6	1783	Lindsay Schlesinger	Eagle	CO	5K	F	39	0:36:07
7	1498	Cassandra MacUmbert	Red Cliff	CO	5K	F	37	0:37:17
8	1706	Lauren Noll	Avon	CO	5K	F	31	0:37:30

Male Open

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1774	Avery Smith	Vail	CO	5K	M	21	0:24:23
2	1805	Elijah Salazar	Vail	CO	5K	M	28	0:43:17

Female Masters

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1828	Deb Harrison	Vail	CO	5K	F	58	0:29:10
2	1501	Nancy Mires	Eagle	CO	5K	F	53	0:30:09
3	1485	Tara Grann	Littleton	CO	5K	F	40	0:30:37
4	1779	Caren Davis	Eagle	CO	5K	F	63	0:34:50
5	1704	Shaz McCrone	Springfield NSW		5K	F	48	0:36:16
6	1476	Kim DeYoung	Edwards	CO	5K	F	51	0:37:36
7	1772	Wendy Miller	Greenwood	CO	5K	F	60	0:38:25
8	1806	Paula Salazar	Colorado S	CO	5K	F	50	0:43:17
9	1717	Amy Rogers	Brighton	CO	5K	F	53	0:45:13
10	1747	Lisa Pelchat	Edwards	CO	5K	F	66	0:46:10
11	1798	Ellen Colrick	Vail	CO	5K	F	73	1:22:23

Male Masters

Pos	Bib#	Athlete	City	Country	Race	Gender	Age	Time
1	1734	Tim Miller	Cottonwood	AZ	5K	M	52	0:23:58
2	1829	Herve Richaud	Avon	CO	5K	M	49	0:28:30
3	1744	CRAIG HENRY	AURORA	CO	5K	M	59	0:29:25
4	1801	Paco Meza	Vail	CO	5K	M	57	0:29:48
5	1491	Steven Kaminski	Glenwood	CO	5K	M	64	0:34:18
6	1486	Erik Hahn	Edwards	CO	5K	M	49	0:35:54
7	1705	Michael Sinclair	Littleton	CO	5K	M	47	0:36:15
8	1724	Greg Grotke	Evergreen	CO	5K	M	54	0:38:24
9	1746	Rob Sebesta	Edwards	CO	5K	M	52	0:39:16
10	1803	Carlos Cruz-Abrams	Vail	CO	5K	M	47	0:49:01