



2019 Mountain Bike Series Rules

The mountain bike series is not USA Cycling-sanctioned; however, USA Cycling rules will apply except when in conflict of the following:

- The VRD's mountain bike series is meant to be fun and safe for all racers. Although these are competitive events, safety comes first! **NO POOR SPORTSMANSHIP OR UNSAFE RIDING WILL BE TOLERATED.** VRD reserves the right to disqualify riders on these grounds.
- We are a community and we help each other. Therefore, any rider that does not finish their race because they stopped to help an injured rider will receive 25 GSP (Good Samaritan Points) toward their individual and team points total for that race.
- Helmets are required to participate in all mountain bike series races.
- E-bikes of any type are NOT permitted in VRD races.
- Riders can register for the entire series or for individual races. **Only riders who register for the entire series will receive series points. Registering for seven individual races does not register a racer for the entire series.**
- Riders accrue points at each race they participate in based on their finish place and the number of racers in their category. (See FAQs for point breakdowns). Overall series standings are based each individual's best six of seven races.
- Riders may choose to change categories at any time; however, we encourage riders to move up to a more competitive category after TWO first place finishes.
- If you permanently change categories, you will start accruing points in your new category. Half of the points from your original category will transfer to the new category. If you switch categories for only one race; you will receive half the points for the single race. You can only be in one category for the overall title.
- Racers must complete the entire race on the same bicycle on which the race was begun. Riders may accept help from other racers on course for repairs; however, cannibalizing other bikes is not permitted.
- It is the responsibility of the passing rider to overtake safely. Riders being passed must move over as quickly and safely as possible. Lapped riders must yield to overtaking riders from the same category. If two riders in the same category are vying for position, the leading rider does not have to yield to the challenging rider.
- A rider may not bodily interfere with the intent to impede another rider's progress.
- It is the responsibility of the racer to stay on course and keep track of their laps.
- Headphones and other personal listening devices are allowed but must not interfere with a racer's awareness of other racers and their surroundings on the race course.
- Short-cutting and/or cutting switchbacks is not permitted and will result in disqualification.
- If you do not finish (DNF) a race for any reason, or have already finished the race, do not go through the finish chute. If you cross the finish line in error, notify the race staff in the timing trailer immediately.
- Racers have 48 hours after a race to protest the results.
- Riding and racing on world class trails is a privilege, not a right. Our trails do not build and maintain themselves. Therefore, series riders can earn an extra 25 points towards their overall series total if they participate in one trail work event prior to August 19. Details can be found on www.vailrec.com.

I, the undersigned, acknowledge that I have read the 2019 VRD MTB Town Series rules, understand them and agree to adhere to them while participating in VRD mountain bike races. I acknowledge that the VRD staff will un-invite me to participate in future races if I break these rules.

Signed

Printed

Date