



**La Sportiva Vail Half Marathon**  
*Presented by Howard Head Sports Medicine*  
 July 21, 2013 – Vail, CO

**Male Champions**

Place	OvPlc	Name	City STATE	Age	TIME
1.	1	Sylvan Ellefson	Vail CO	26	1:39:42
2.	2	Carlos Arias	Houston CO	19	1:41:28
3.	3	Brian Folts	Phoenix AZ	26	1:41:52

**Female Champions**

Place	OvPlc	Name	City STATE	Age	TIME
1.	12	Anne Nevin		40	1:55:28
2.	23	Monica Bishop		26	2:01:15
3.	27	Celeste Lorenzo		25	2:02:08

**Male 19 & Under**

Place	OvPlc	Name	City STATE	Age	TIME
1.	2	Carlos Arias	Houston TX	19	1:41:28

**Female 19 & Under**

Place	OvPlc	Name	City STATE	Age	TIME
1.	64	Nicole Hahn		18	2:15:24
2.	122	Katherine Schweizer	Colorado Spgs	18	2:34:28
3.	205	Gabriela Koski	Longmont CO	18	2:55:04
4.	255	Lindsay Barlow	Cherry Hills CO	19	3:12:21

**Male 20 to 29**

Place	OvPlc	Name	City STATE	Age	TIME
1.	1	Sylvan Ellefson	Vail CO	26	1:39:42
2.	3	Brian Folts	Phoenix AZ	26	1:41:52

3.	5	Will Porter	Boulder CO	25	1:50:05
4.	9	Raul Medina		23	1:54:10
5.	10	Nick Sterling	Avon CO	29	1:54:11
6.	22	Steve Dykstra	Belmont MI	27	2:01:09
7.	24	Andrew Reed	Longmont CO	23	2:01:32
8.	30	Tommy Coupland	Avon CO	22	2:02:21
9.	32	Michael Genamer	Boulder CO	27	2:02:35
10.	39	Alejandro Venzor	Colorado Spring CO	29	2:05:45
11.	40	Logan Ganoë	Littleton CO	25	2:06:42
12.	41	Quinn Carrasco	Boulder CO	24	2:06:58
13.	49	Adam Jorck	Vail CO	22	2:11:38
14.	59	George Patten	Denver CO	29	2:14:29
15.	60	Jonathan Zeschin	Denver CO	27	2:14:34
16.	66	Andrew Trumbo	Minturn CO	28	2:17:04
17.	71	Ben Wygant	Buena Vista CO	29	2:18:07
18.	83	Henry Romero	Boulder CO	28	2:22:26
19.	89	Sergio Nevarez	Carbondale CO	29	2:24:11
20.	95	Ian Grimes		27	2:26:10
21.	97	Jonathan Hiller		28	2:26:33
22.	111	Andrew Metcalf	Louisville CO	28	2:29:45
23.	121	Philip Galloway	Edwards CO	28	2:33:35
24.	124	Cory Jarman		28	2:34:38
25.	127	Adam Horecki	Littleton CO	23	2:35:35
26.	133	David Spriggs	Denver CO	28	2:36:54
27.	148	Antonio Larrea	Boulder CO	22	2:40:09
28.	149	Robert La Manna		26	2:40:42
29.	157	Maurilio Filho		20	2:42:24
30.	160	Samuel Beer		25	2:42:54
31.	164	Rob Duray	Denver CO	29	2:43:37
32.	180	Charles King	University MS	25	2:47:05
33.	208	Adam Huner	Littleton CO	24	2:55:46
34.	227	David Mendelsberg		23	3:01:25
35.	269	Nick McHargue	Leadville CO	22	3:26:26

**Female 20 to 29**

Place	OvPlc	Name	City STATE	Age	TIME
=====	=====	=====	=====	=====	=====
1.	23	Monica Bishop		26	2:01:15
2.	27	Celeste Lorenzo		25	2:02:08
3.	28	Amelia Ortiz	Eagle CO	20	2:02:11
4.	31	Michelle Hiland	Avon CO	25	2:02:25
5.	46	Sarah Ellefson	Vail CO	26	2:09:21
6.	54	Lenka Palanova	Avon CO	29	2:13:36
7.	73	Marina Egorov	Vail CO	24	2:18:18
8.	87	Greta Bryrne	Vail CO	20	2:23:48
9.	92	Stephanie Rouse	Colorado Spring C	23	2:25:05

10.	94	Ashley Hooper	Colorado Spring C	22	2:25:48
11.	99	Laura Koue	Denver CO	26	2:26:59
12.	104	Arica Crootof		28	2:27:59
13.	105	Kendall Wilson	Vail CO	24	2:28:11
14.	108	Tiffany Junge	Nederland CO	25	2:29:05
15.	112	Kristen Felix	Nederland CO	27	2:30:33
16.	115	Melanie Shaffer	Boulder CO	26	2:31:58
17.	132	Emily Selonick		26	2:36:50
18.	159	Lindsay Spangler	Denver CO	25	2:42:41
19.	163	Sara Bentley	Denver CO	25	2:43:36
20.	167	Ashley Atratman	Parker CO	24	2:44:31
21.	169	Summer Webb	Colorado Spring C	25	2:44:44
22.	172	Melissa Estep	Boulder CO	23	2:45:27
23.	178	Kara Wolley		23	2:46:27
24.	199	Sarah Bluhm		22	2:52:46
25.	204	Anne Staeheli		25	2:54:56
26.	206	Julie Ryan		27	2:55:12
27.	207	Kylah Wyatt	Denver CO	28	2:55:29
28.	210	Jo Anna Beck	Denver CO	23	2:56:36
29.	213	Cassie Scales	Edwards CO	26	2:56:58
30.	219	Sonia Horczakiwskyj	Denver CO	22	2:58:31
31.	220	Jamie Carlson		27	2:58:54
32.	221	Jessica Rogers		25	2:58:54
33.	230	Sarah Breeden		24	3:03:15
34.	237	Mary Beth Waller	Breckenridge CO	28	3:05:16
35.	253	Gaby Larrea	Boulder CO	29	3:11:53
36.	265	Felicia Wotanis	Avon CO	22	3:21:12
37.	270	Samantha Huner		28	3:26:27
38.	274	Zorayda Hendrickson		27	3:32:14
39.	280	Kaile Ross	Denver CO	27	3:39:33
40.	284	Casey Haff	Vail CO	23	3:46:08

**Male 30 to 39**

Place	OvPlc	Name	City STATE	Age	TIME
=====	=====	=====	=====	=====	=====
1.	6	Greg Decent	Vail CO	33	1:50:21
2.	11	Scott Howell	Longmont CO	35	1:54:44
3.	14	Myles Sibley	Vail CO	35	1:56:32
4.	15	Michael Miller	Littleton CO	37	1:57:10
5.	17	Darren Lacy	Edwards CO	39	1:58:41
6.	18	Kreighton Bieger	Boulder CO	39	1:59:50
7.	19	Adam Wade	Colorado Spring CO	36	1:59:56
8.	20	Ryan Van Ness	Edwards CO	37	2:00:20
9.	25	Dan O'Connell	Denver CO	35	2:01:42
10.	26	Erik Hemstad	Grand Junction CO	30	2:01:45
11.	29	Jeremy O'Farrell	Lakewood CO	37	2:02:19

12.	36	Tony Giroux	Vail CO	31	2:04:25
13.	37	Rick Gregory	Vail CO	37	2:04:37
14.	38	Walter Bleser	Denver CO	34	2:05:35
15.	44	Eric Pepper	Edwards CO	34	2:08:02
16.	47	Harsha Nagaraj	Colo Spgs CO	39	2:09:32
17.	53	Samuel Hammonds	Chattanooga TN	39	2:13:13
18.	55	Jay Breitlow	Longmont CO	34	2:13:50
19.	58	Andrew Wetzler	Highlands Ranch CO	34	2:14:20
20.	62	Andy Holland	Avon CO	32	2:14:50
21.	67	Daniel Lucas	Chattanooga TN	35	2:17:33
22.	76	Luke Snoddy	New Castle CO	33	2:19:07
23.	82	Gabe Green	Fort Collins CO	38	2:21:43
24.	85	Charles McCash	Boulder CO	36	2:23:11
25.	96	Blair Dickhoner	Denver CO	32	2:26:11
26.	98	William Everett	Boulder CO	38	2:26:58
27.	100	Zach Cooper	Portland OR	34	2:27:22
28.	101	Jeff Chopin	Golden CO	35	2:27:37
29.	107	Luke Wagner	Englewood CO	31	2:28:42
30.	119	Mark Scheel	Denver CO	38	2:32:55
31.	128	Bryan Bender	Denver CO	31	2:35:36
32.	134	Aaron Juhnke	Kansas City MO	35	2:37:08
33.	136	Edward Lush		34	2:37:28
34.	137	Brian Vandemoortele	Superior CO	35	2:37:36
35.	138	Art Messal	Estes Park CO	34	2:37:42
36.	139	Rene Rosales		39	2:37:53
37.	143	Luke Cartin	Vail CO	34	2:38:44
38.	151	Tony Tang	Lafayette CO	39	2:41:23
39.	165	Gregory Unger	Scottsdale AZ	39	2:43:49
40.	177	Jeffery Harrison	Denver CO	35	2:46:09
41.	189	Josh Vogt	Leadville CO	30	2:48:57
42.	191	John Richardson	Denver CO	36	2:48:59
43.	223	David Graves	Dallas CO	38	3:00:35
44.	229	Aaron Pence	Boulder CO	33	3:02:24
45.	239	Michael Lester	Atlanta GA	38	3:05:20
46.	241	Adam Cambray	Grand Junction CO	36	3:06:46
47.	254	Christopher Young	Breckenridge CO	35	3:12:02
48.	271	Derrick Huner		32	3:26:27
49.	277	Jeffrey Barnes		38	3:35:20

**Female 30 to 39**

Place	OvPlc	Name	City STATE	Age	TIME
=====	=====	=====	=====	=====	=====
1.	45	Jaime Falcon	Breckenridge CO	35	2:08:19
2.	48	McKenna Douglas	Edwards CO	38	2:10:30
3.	56	Dana Waldbaum	Denver CO	36	2:13:51
4.	63	Kristy Falcon	Salida CO	35	2:15:17

5.	77	Amy Reynolds	Edwards CO	32	2:19:54
6.	120	Hilary Anderson	Denver CO	31	2:33:13
7.	126	Lauren Udvari	Salt Lake City UT	30	2:35:01
8.	129	Karen Seitz	Breckenridge CO	30	2:35:40
9.	130	Jitka O'Farrell	Lakewood CO	35	2:35:49
10.	140	Lindsey Rising		30	2:38:15
11.	150	Lauren McKeone	Edwards CO	37	2:40:49
12.	152	Amy Peck	Eagle CO	37	2:41:24
13.	153	Shannon Schroeder	Crystal Lake IL	32	2:41:24
14.	155	Jennie Foyle	Denver CO	35	2:41:53
15.	156	Samantha Neale	Lone Tree CO	32	2:41:56
16.	166	Nicole Geraci	Avon CO	30	2:44:28
17.	174	Katie Rahill	Glendale CO	31	2:45:45
18.	175	Jamie Corder	Boulder CO	33	2:45:56
19.	181	Rachel Cambray	Grand Junction CO	35	2:47:28
20.	187	Kate Bishop		38	2:48:46
21.	190	Jenelle Tosaya Vogt	Leadville CO	30	2:48:57
22.	192	Kami Banks	Lakewood CO	30	2:49:00
23.	196	Margaret Romero	Boulder CO	31	2:52:03
24.	200	Amanda Mikels	Vail CO	35	2:52:59
25.	209	Vanessa Pence	Boulder CO	30	2:56:14
26.	211	Shaun Histed	Avon CO	36	2:56:37
27.	214	Allison Ebbets	Edwards CO	32	2:56:59
28.	215	Caroline Stone		30	2:57:14
29.	218	Jen Silva	Vail CO	32	2:57:45
30.	222	Kelly Young	Denver CO	33	2:59:57
31.	228	Celina Gaudreau	Denver CO	39	3:01:55
32.	240	Sarah Davis	Avon CO	38	3:05:29
33.	242	Bethany Applegate	Denver CO	30	3:07:50
34.	243	Alison Eichten	Lakewood CO	32	3:07:50
35.	245	Ashley McCoy	Aurora CO	30	3:09:29
36.	247	Deb Oakes		32	3:10:01
37.	251	Elyse Howard	Vail CO	36	3:11:20
38.	256	Jesse Cottrell	Denver CO	30	3:12:41
39.	268	Dana Hart	Broomfield CO	30	3:25:42
40.	279	Melissa Wood	Aurora CO	32	3:39:33
41.	282	Katie O'Neill	Las Vegas NV	34	3:43:29
42.	287	Gina Chupka	Golden CO	36	3:47:56

**Male 40 to 49**

Place	OvPlc	Name	City STATE	Age	TIME
=====	=====	=====	=====	=====	=====
1.	4	Chris Grauch		40	1:42:04
2.	7	Dave Walick	San Antonio TX	41	1:50:32
3.	8	Frank Holmes	Eagle CO	43	1:50:41
4.	16	Josh Stowell	Eagle CO	42	1:57:18

5.	21	Rafael Pacheco	Denver CO	47	2:01:05
6.	34	Mark Pribramsky	Vail CO	44	2:02:59
7.	35	Robert Woerne	Montrose CO	48	2:04:13
8.	50	Kraig Koski	Longmont CO	47	2:12:43
9.	57	William Heller	Boca Raton FL	46	2:13:54
10.	61	Rick Schafer	Denver CO	42	2:14:45
11.	72	David Steitz		48	2:18:10
12.	75	Jerry Greenwald	Boulder CO	45	2:18:58
13.	78	Sean Dalby	Sandy UT	45	2:19:55
14.	79	Doug Johnson	Avon CO	44	2:20:33
15.	80	Jason Bachlet	Fruita CO	43	2:21:20
16.	81	Matt Whalen	Vail CO	41	2:21:26
17.	88	Michael Moore		44	2:23:53
18.	90	Bobby Yost	Avon CO	40	2:24:23
19.	93	Thomas Van Cleave	Edwards CO	42	2:25:17
20.	103	Doug Alrick	Avon CO	46	2:27:58
21.	106	Tim Buese	Denver CO	44	2:28:29
22.	109	Jose Estevie	Mexico	47	2:29:34
23.	113	Rodigo Orozco	Mexico City MX	42	2:31:32
24.	114	Glen Delman		47	2:31:50
25.	116	Gustavo Guillemin	Westminster CO	45	2:32:04
26.	131	Taggart Howard	Vail CO	42	2:35:50
27.	147	Leo Flynn		40	2:40:02
28.	154	Paul Martin	Lafayette CO	46	2:41:28
29.	168	Michael Derby	Boulder CO	48	2:44:33
30.	176	Chris Anderson	Austin TX	46	2:45:58
31.	185	William Reigeluth	Avon CO	40	2:48:07
32.	195	John Lee	Vail CO	42	2:50:36
33.	201	Jason Dietrich	Kennett Square PA	40	2:52:59
34.	202	Josh Davis	Avon CO	40	2:53:46
35.	203	Chris Csordas	Lafayette CO	41	2:54:52
36.	231	Roger Henderson	Boulder CO	48	3:04:11
37.	234	Robert Elliott	Houston TX	43	3:04:52
38.	236	Gino Hill		49	3:04:53
39.	246	Jarrett Davis	Avon CO	48	3:09:59
40.	258	Jean Michel Terrein		47	3:14:02
41.	264	Scott Steward	McLean VA	49	3:19:33
42.	286	Kris Chupka	Golden CO	40	3:47:49

**Female 40 to 49**

Place	OvPlc	Name	City STATE	Age	TIME
1.	12	Anne Nevin		40	1:55:28
2.	33	Anita Ortiz	Eagle CO	49	2:02:55
3.	117	Debbie Dingman		45	2:32:25
4.	118	Janie Hayes		40	2:32:43

5.	123	W Nekritz		47	2:34:29
6.	125	Jessica Easley	Longmont CO	44	2:34:48
7.	135	Ashleigh Gore	Vail CO	40	2:37:15
8.	142	Sharon Wetherall		42	2:38:41
9.	144	Jami Forschner		42	2:38:51
10.	145	Sharon O'Grady	Vail CO	40	2:39:26
11.	161	Margaret Kelly		46	2:43:19
12.	170	Danielle Steiner	Gypsum CO	44	2:44:44
13.	179	Jennifer Anderson	Austin TX	41	2:46:37
14.	182	Tracy Tutag	Vail CO	49	2:47:34
15.	183	Amanda Simpson	Golden CO	41	2:47:44
16.	184	Lisa Mansfield		45	2:47:54
17.	198	Nicole Folino		40	2:52:38
18.	216	Fernanda Terrein		45	2:57:24
19.	217	Sharon Colburn	Parker CO	45	2:57:39
20.	226	Monica Brisnehan	Denver CO	43	3:01:15
21.	238	Lindsay Sovde	Seattle WA	43	3:05:17
22.	252	Patty Meyer	Centennial CO	46	3:11:25
23.	273	Dawn Mugele		42	3:30:36
24.	285	Michele Spires	Peyton CO	42	3:46:29
25.	289	Kristi Bloodworth	Minturn CO	44	3:58:19
26.	291	Amy Cho	Superior CO	41	4:04:19
27.	294	Janna Rombocos	Colorado Spring CO	42	4:11:50
28.	295	Christie Schwank	Colorado Spring CO	48	4:12:06

**Male 50 to 59**

Place	OvPlc	Name	City STATE	Age	TIME
=====	=====	=====	=====	=====	=====
1.	13	Kevin Deighan	Vail CO	54	1:55:57
2.	43	Bill Hintze		53	2:07:52
3.	51	Andrew Krieg	Debeque CO	52	2:12:50
4.	65	Kevin Cooper		53	2:15:37
5.	68	Brian Dunfey	Edwards CO	54	2:17:35
6.	70	Jimmy Bisese		51	2:17:49
7.	86	Tom Solawetz	Gypsum CO	57	2:23:34
8.	91	Hooker Lowe		59	2:24:55
9.	110	Jeffery Bernardy	Boulder CO	52	2:29:38
10.	141	Greg Birk		57	2:38:26
11.	146	Steve May	Edwards CO	51	2:39:51
12.	158	Irwin Ray	Eagle CO	59	2:42:39
13.	162	Richard Nicholson	Boulder CO	53	2:43:33
14.	171	Peter Ylvisaker	Marion IA	51	2:45:19
15.	173	Tim Richard	Frisco CO	55	2:45:43
16.	188	Ray Blum	Denver CO	57	2:48:56
17.	193	David Hakes	Eagle CO	56	2:49:04

18.	194	Phil Schweizer	Colorado Spring C	56	2:50:30
19.	225	John Burnett	Hampton Cove AL	54	3:01:14
20.	249	Ted Skinner	Lakewood CO	55	3:10:25
21.	260	George Huner	Littleton CO	59	3:14:10
22.	263	Kevin Raines		50	3:18:09
23.	266	Burt Levin	Edwards CO	55	3:23:06
24.	283	Tom Kenny	Las Vegas NV	52	3:43:30

**Female 50 to 59**

Place	OvPlc	Name	City STATE	Age	TIME
1.	69	Abbie Wade		58	2:17:43
2.	74	Heidi Vosbeck	Glenwood Springs CO	51	2:18:33
3.	84	Cindy Oneill	Manitou Springs CO	51	2:22:39
4.	232	Robyn Bryant	Eagle CO	50	3:04:16
5.	233	Terri Skinner	Lakewood CO	56	3:04:38
6.	235	Maria Esteve	Edwards CO	53	3:04:53
7.	244	Stacy Gatto	Colorado Spring CO	55	3:09:00
8.	250	Theresa Daus-Weber	Morrison CO	58	3:11:10
9.	257	Sally Alderwick	Northglenn CO	56	3:13:42
10.	272	Adelaida Leptich		51	3:29:35
11.	275	Gail Edgar	Kildeer IL	53	3:33:46
12.	276	Lynne Barlow	Cherry Hills CO	56	3:34:17
13.	292	Linda Carmy	Miami FL	51	4:07:07

**Male 60 to 69**

Place	OvPlc	Name	City STATE	Age	TIME
1.	42	Ron Hendricks	Larkspur CO	61	2:07:25
2.	52	Nicholas Fickling	Edwards CO	62	2:13:05
3.	102	Victor Selenow	Buena Vista CO	61	2:27:44
4.	186	Jim Mykleby	Leadville CO	66	2:48:12
5.	212	Doug Beagle	Houston TX	63	2:56:53
6.	224	Darryl Seale	Las Vegas NV	60	3:01:14
7.	248	Tom Moorhead	Eagle CO	64	3:10:05
8.	281	Bill Burns	Avon CO	64	3:39:56
9.	293	Herb Hill	Highlands Park I	67	4:11:18

**Female 60 to 69**

Place	OvPlc	Name	City STATE	Age	TIME
1.	197	Helen McQueeney	Glenwood Spring CO	61	2:52:32
2.	259	Margit Trenker	Manitou Springs CO	69	3:14:03
3.	267	Kely Murphy	Leadville CO	61	3:24:38



4.	278	Jo May	Houston TX	65	3:39:28
5.	290	Susan Selenow	Buena Vista CO	61	4:00:24
6.	296	Francoise Carpenter	Lakewood CO	64	4:12:08
7.	297	Ellen Colrick	Vail CO	64	4:24:54

**Male 70 & Over**

Place	OvPlc	Name	City STATE	Age	TIME
=====	=====	=====	=====	=====	=====
1.	261	Marlin Smickley	Edwards CO	74	3:14:15
2.	262	Tom Edwards	Gypsum CO	70	3:16:31
3.	288	Bob Pates	Eagle CO	77	3:56:59