Pre Kamp Vail

What to Bring:

Please label ALL belongings with your child's first AND last name.

- ☐ Backpack to carry everything
- ☐ Insulated lunch box w/ice pack (we cannot refrigerate or heat food)
- ☐ Healthy lunch with utensils
- ☐ 1-2 items for morning snack item
- ☐ Leak proof water bottle (NO sippy cups!)
- ☐ Diapering needs
- ☐ FULL change of clothes in case of accidents or random water play
- ☐ Hat
- ☐ Sunglasses
- ☐ Lightweight/rain jacket
- ☐ Dress your child in comfortable sturdy shoes for outdoor play (NO sandals or crocs!)
- ☐ Apply sunscreen every morning; send sunscreen if Pre Kamp sunscreen does not meet your child's needs.
- ☐ Children will NOT have any need for spending money; please do NOT send any money with children.
- ☐ Mats & sheets will be provided at nap time; please bring anything else your child needs for napping (favorite blanket, stuff animal, etc.)
- ☐ Refer to weekly email for anything more.

IF your child has a SEVERE ALLERGY or takes MEDICATIONS (includes epi-pens & inhalers):

- ☐ Proper documentation should be uploaded to your child's Registration Form
- ☐ ALL medications MUST BE in their original packaging and HAVE a prescription label on it.
- ☐ Check the expiration date to be sure it hasn't expired.
- ☐ During drop-off at camp in the morning, please give the medication(s) to staff at the front desk to be properly recorded and checked into camp.