



TEAM RULES

The VRD encourages all riders to have fun and be safe when racing, all riders will be strongly encouraged to race within their ability. The VRD will not govern the category a rider chooses to race. However, we will strongly encourage a rider that is riding within the same pace as the next category either above or below their selected category.

- Each team must have a captain who serves as the spokesperson with race management. This person will assume the role as the sole communicator for the team with the VRD.
- New teams can enter at any time during the season. All late fees will apply to time of entry.
- Teams will consist of a maximum of 15 roster members.
- Only a team's top two racers in each division will score team points, meaning a team needs racers in several or all divisions to score well.
- Each team is allowed to make three roster changes during the season. Changes must be submitted to the VRD offices in writing 24 hrs before the scored series race.
- Each person on the team must fill out a race entry form and full payment for each person must accompany the entries. Team Roosters, and Entry Forms must be in before May 23rd. After May 23rd a \$75 team late fee will be added to the team and rider.
- **IMPORTANT INFORMATION:** All Riders are strongly recommended to put in 1 day of trail work with either ECO Trails or TAG. Working one day on the trails will help insure the longevity of our sport and allow mountain bikers continued use of the Forest Service Trail System. If your team does not participate, good fortune may not follow you in your mountain biking career.

REGISTRATION DEADLINE FOR TEAMS:

See Web Page

Team Division Points will be based on the following categories:

Juniors 18-15 Boys or Girls
 Men's Beginner
 Men's Sport
 Men's Expert
 Men's Pro
 Women's Beginner
 Women's Sport
 Women's Expert
 Women's Pro
 Women's Vet

Men's Vet Sport
 Men's Vet Expert
 Men's Masters
 Single Speed

