



Sports Camp Protocols – COVID 19

Phase 1: May | gatherings of 0-10 people

No Sports Camps

Phase 2: June | gatherings of up to 50 people

Signage and Communication

- CDC and Eagle County Health Department recommended signage and additional camp specific signage will be strategically placed around venues reminding of social distancing and other requirements.
- CDC and Eagle County Health Department requirements such as social distancing and wearing masks will be included in pre-camp emails to participant' parents, posted online and included in registration confirmation emails.
- Parents agree to NOT send their child(ren) if they have any symptoms or exposure risks as listed by the CDC guidelines.
- If campers cannot participate due to illness or exposure to illness, registration fees will be credited to their account to be used for another program without penalty.
- Camps will only be advertised or promoted to residents and employees in Eagle County.

Registration Procedures

- Online registration will be the only method of registration. With limited participation numbers, day-of registration will not be available.
- Parents required to agree/sign an acknowledgement that they will not have child(ren) participate when sick, adhere to all social distancing rules and will be required to leave with no refund if they fail to do so.
- Parents required to agree/sign an acknowledgement that their child(ren) must willing enter camp on their own. If the child struggles with separation anxiety, parents should take this into account when deciding to register for a camp.

Camper Intake (Camps are 3-5 days in length)

- Day one
 - Signage telling people to remain in car and prepare for check-in procedure
 - Parents will be assigned a window of time in pre-camp communications based on child's age. Parents agree to arrive in this window or may be denied admittance without prior approval for other arrangements
 - Greeter confirms emergency contacts, pickup procedures, phone numbers, and special needs.

- Greeter confirms camper has everything necessary for a successful day...own water, sunscreen, snacks, equipment required for camp
- Greeter asks health intake questions making sure no camper has any Covid-19 symptoms.
- Camper then must willingly leave the car and will be directed to assistant greeter, who has camper wash hands and places camper in assigned group with their coach
- No one other than registered camper and staff is allowed into the camp site.
- Subsequent days
 - Only change is greeter will ask health intake questions, child will wash hands and meet at their designated area assigned on Day 1.

Groups

- Coaches will be assigned 8-15 campers depending on age of the campers.
- Coaches will have an area for kids to store their belongings with separation.
- Groups will be a minimum of 20 feet away from another group.
- Coaches will remind the kids about social distancing each day.
- Activities will be preplanned and focused on skill building with social distancing in mind.
- Each group will be assigned timeframes during the day where kids will wash their hands and refill water at water stations. Coaches will sanitize water filling station after each use. Should a child's hands become soiled they will be instructed to wash their hands.
- All coaches will have their own equipment for each group including hand sanitizer & cleaning supplies.
- Should coaches rotate to stations they will sanitize all equipment when arriving at a new station.
- Camp will make every effort to keep children together with the same children and coach from day to day.
- Campers must bring their own snack and water and may not share food with any other camper.

Sick Child

- Director will designate a room/space to isolate a sick child, an aide will supervise that child while maintaining appropriate distancing.
- Temperature will be checked.
- Parents will be called to pick up the child, the child must meet eligibility requirements before returning to camp.
- Director/Staff will document the incident and report communicable disease to Public Health.
 - COVID-19 is also a reportable condition - a positive case (kids or staff) must be reported to the Health Department
 - Eagle County Public Health, Erica Mahone erica.mahone@eaglecounty.us

Staff Wellness

- Staff is asked wellness questions daily, making sure all coaches are symptom free.
- Report communicable diseases to Public Health - see above.
- Each sports camp will include at least one director that will fill in for a sick staff member when needed.
- Staff is required to wear a mask as much as feasible, and always when social distancing cannot be maintained i.e. attending to an injury.

Sanitation

- Bathrooms...door propped open when appropriate; cleaned and sanitized on a regular rotation and soap dispensers checked each cleaning for adequate supply.
- Water Stations (Outdoor Field)- water filling station designated, hand sanitizer available, and coach disinfects after each use.
- Water Stations (Indoor)- All water fountains will be covered, water filling station will be used see above.
- Equipment disinfected daily, pinnies (if used) washed nightly in hot water.
- Inclement weather - Outdoor camp groups will be assigned a designated lightning shelter to ensure social distancing can be maintained.

Pick up procedures:

- Parents arrive and stay in car. Greeter radios to coaching staff to send that child over for pick up. Groups will move to the closest area of the field to parking while maintaining social distance within the group.

Sport Specific Changes due to COVID-19

- **Soccer Camps** (outdoor) July 13-17, July 20-24
 - Half day camps only (no lunch)
 - Enrollment limit based on current public health orders at the time of camp. We will consider adding an afternoon option if morning sells out. Morning and afternoon sessions would be separated by at least one hour to ensure no overlap.
 - Focused on individual skill building.
 - Each child will receive their own ball on day one marked with their name. Kids will be encouraged to decorate at home to make it unique. Must bring ball each day to camp. Camp coaches will have a few extra clean balls just in case a camper forgets theirs.
 - Even though each child is assigned their own ball. Each coach will spray the balls with disinfectant several times per session.
 - Coaches will have all their own equipment to run the session.
 - Awards / T-Shirts/ Camper gift/evaluation sent home with camper on last day and given out by individual coach in group. No whole camp activities.
- **Volleyball Camps** (indoor) June 27-28 and July 25-26
 - 3 sessions designated by age: elementary School, middle school, high school

- Maximum 12 kids per session.
 - 2 courts will be used.
 - Each camper assigned own ball for individual skills ball will be marked with tape and child's name and will be set out on arrival for easy retrieval.
 - Balls disinfected each hour.
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- **Basketball Camp (indoor) July 27-30**
 - 2 sessions with added time between camps to ensure no overlap. First camp will be shortened to 12:30 (no lunch) just snack breaks.
 - Numbers limited to 45 kids in the morning session and 30 kids in the afternoon session.
 - Use of both gyms - younger kids in back gym, older kids in main gym. Gym floor tape and cones will be used to designate social distancing training areas for each coaches group.
 - Each kid will be assigned own basketball. The balls marked with tape and their name (use different color tape for different ages) before arrival at camp. Balls are left in the gym after each session and disinfected by staff as part of their closing procedures.
 - Even though each child is assigned their own ball, each coach will spray the balls with disinfectant several times per session.
 - Coaches will have all their own equipment to run the session. If stations are used the coaches will disinfect all equipment as they move their group to a new station.
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- **Baseball Camp (outdoor) June 22-26**
 - Half day only.
 - Campers required to bring own glove & hat and encouraged to bring their own helmet, bat and batting gloves labeled with their name.
 - Communal bats will be wiped down with disinfectant after each use.
 - Campers without a helmet will be assigned a helmet labeled with their name. They will use this same helmet each day at camp. Coaches will disinfect helmets at the end of each session and store for the next day.
 - Each coach will have their own bucket of balls and will spray them down with disinfectant each hour.
 - Scrimmaging allowed under social distancing baseball/softball protocols. Separate bases for runners and fielders, all outs are force outs, etc.
 - Coaches will have all their own equipment to run the session. If stations are used, the coaches will disinfect all equipment as they move their group to a new station.

- **Flag Football Camp (outdoor) August 3-7 - Deciding between football and Track and Field based on coaches lesson plans for social distancing.**
 - Half day option (only).
 - Enrollment limit =45.
 - Focus on individual skills and agility.
 - Each camper assigned own ball for individual skills ball will be marked with tape and child's name and will be set out on arrival for easy retrieval.
 - Even though each child is assigned their own ball. Each coach will spray the balls with disinfectant several times per session.
 - Coaches will have all their own equipment to run the session. If stations are used, the coaches will disinfect all equipment as they move their group to a new station.
 - Awards / T-Shirts/ Camper gift/evaluation sent home with camper on last day and given out by individual coach in group. No whole camp activities.

- **Lacrosse (outdoor) July 6-9**
 - Half day option only
 - Enrollment limit =45.
 - All kids must have their own equipment, labeled, may not share equipment
 - Boys = Helmet/Gloves/Stick
 - Girls = Goggle/Stick
 - Limited rental kits are available. These must be reserved and pick up must be arranged prior to camp. Equipment will be marked with child's name with tape. Child will keep for the duration of camp and leave at camp the last day.
 - Each coach will have their own bucket of balls and will spray them down with disinfectant periodically.
 - Coaches will have all their own equipment to run the session. If stations are used, the coaches will disinfect all equipment as they move their group to a new station.

- **Mini Hawks (outdoor) July20-24**
 - Multiple sports younger kids. Ages 4-7
 - Enrollment limit = 45
 - Stations are used and coaches rotate with their group. Coaches will sanitize all equipment as group arrives at a station. There will be enough balls at each station for one ball per kid and coach.
 - Awards / T-Shirts/ Camper gift sent home with camper on last day and given out by individual coach in group.

- **Track and Field (outdoor) August 3-7**
 - Half day
 - Enrollment limit = 45
 - Stations =Track Running, Long Jump, Hurdles, Throwing

- Stations are used and coaches rotate with their group. Coaches will sanitize all equipment as group arrives at a station. At throwing station there will be enough equipment for one per kid and coach.
- Relays each runner has own baton. As opposed to a handoff, that baton sits on the track and runner may pick up their baton when their teammate enters transfer area.
- **Cheerleading (outdoor) August 3-6**
 - Half day
 - Younger kids Ages 4-10
 - Enrollment limit= 40
 - Individual skills with social distancing and no skills require spotting.
 - Group cheers and routines will require 6 feet of distance between campers.
 - No pyramids, lifts, throws, catches, multi-person skills.
 - Campers will be assigned own pomp poms that are labeled for duration of camp.

Phase 3: Gatherings of up to 250 people

- It is unlikely to be any changes to above protocols unless social distancing policies change. We would consider adding to the camp numbers if there was a wait list, extra coaches were available, and the venue allowed for adequate social distancing.